**Last date of the Entry Form submission is   
Monday, July 20, 2020 at Midnight, 12:00am IST.**

\* Required

**General Information**

E - Mail id: \*

Name: \*

Full Address: \*

City: \*

State: \*

Pin Code: \*

Mobile Phone: \*

Other Phone:

Gender \*

Female / Male / Prefer not to say / Other:

Date of Birth: \*

Status of your blindness \*

Fully Blind / Partially Blind

I am an Indian Citizen \*

Yes / No

**Entry Detail / प्रविष्टि विवरण**

Select your theme \*

1. Don't throw - create! / Leftovers cuisine
2. Don’t waste - create! / Minimum Ingredients - Maximum Nutrition

Dish Name: \*

Brief description of your dish and also tell us why you are making this dish: \*

List your ingredients and quantities (maximum 10 ingredients) \*

List your step by step preparation and cooking instructions (include cooking time, maximum 10 steps) \*

**Upload Files**

Digital Photograph of yourself \*

Disability Certificate \*

Video file \*